

WAG - 2018/2019 Calendar - National Program

Training Break
Holiday No Training
Regular Training Schedule
Competition
Testing
Special Event
Mock Meet

Jun-18						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	21	21	22	23
24	25	26	27	28	29	30

Jul-18						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Aug-18						
S	M	T	W	T	F	S
5			1	2	3	4
6	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sep-18						
S	M	T	W	T	F	S
9						1
10	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Oct-18						
S	M	T	W	T	F	S
14	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Nov-18						
S	M	T	W	T	F	S
18				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Dec-18						
S	M	T	W	T	F	S
23						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Jan-19						
S	M	T	W	T	F	S
27		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Feb-19						
S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Mar-19						
S	M	T	W	T	F	S
35					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Apr-19						
S	M	T	W	T	F	S
40		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May-19						
S	M	T	W	T	F	S
44			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Jun-19						
S	M	T	W	T	F	S
49						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Events and Facility Schedule - National Program		
Competition Opportunity	December 14th-16th 2018	Burlington Ontario
OGC Holiday Party	December 21st 2018	5:30 - 8:00 pm Friday evening training moved to 12:00-5:00 pm
Holiday Training Break	December 23rd-24th 2018	No Training - All Groups
Holiday Training Schedule	December 27th-31st 2018	Training Times TBC
Holiday Training Ends	Wednesday January 2nd 2019	Regular Training Times Resume
Physical Abilities Testing #2	Sunday January 13th 2019	12:00-4:00 pm
Nutrition Seminar (Option #1)	Saturday January 19th	10:30 am - 12:30 pm (Hintonburg Community Centre)
Nutrition Seminar (Option #1)	Sunday January 20th	1:30 - 3:30 pm (Hintonburg Community Centre)
Mock Meet for Elite Canada	Sunday January 27th 2019	12:00pm - 4:00pm
Elite Canada	January 30th-February 3rd 2019	Gatineau Quebec
Family Day Weekend	Sunday February 17th 2019	No Training - All Groups
Family Day	Monday February 18th 2019	Training 3:30-8:30 pm for
Qualifier For Levels 9/10 (for athletes not qualified to nationals)	March 1st-3rd 2019	Ottawa Ontario
Gymnix 2019 Competition Opportunity	March 7th-10th 2019	Montreal Quebec
Mock Meet for Provincials (for non qualified Canadian athletes Levels 9/10)	Sunday March 24th 2019	12:00pm - 4:00pm
Level 7-10 Provincial Championships	April 5th-7th 2019	Amherstville Ontario
Easter Weekend Training Break	April 19th-21st 2019	No Training - All Groups
Easter Monday	Monday April 22nd 2019	Training Time TBC
Eastern Canadian Championships	May 10th-12th 2019	Prince Edward Island
Mock Meet for Canadians	Monday May 13th 2019	12:00pm - 5:15pm
May Long Weekend	Sunday May 19th 2019	Training Times TBC
Canadian Championships	May 21st-26th 2019	Ottawa Ontario
Physical Abilities Testing #3	Sunday June 16th 2019	12:00-4:00 pm
Season End	Friday June 28th 2019	All Programs